

Craft Your Calm

Grab and Go Craft Kits for Adults

Card Making

Card making is a very flexible craft because a card can be as simple or as elaborate as you wish. While adding embellishments to your card, try to add just one item at a time. Then, take a pause, focus on the step you are doing, and decide where you want to go next.

Your kit includes a blank card, an envelope, 10 die cut butterflies, and 2 pieces of scrapbook paper. Feel free to add any supplies you have at home, ie. scrap paper, ribbon, buttons.



Instructions:

The making and giving of a card can create joy for both the giver and the receiver. Below are examples to help inspire your creativity. In the examples, I used a mix of the scrapbook paper and butterflies that were supplied in the kit plus my own glue stick, Sharpie markers, and scrapbook paper.



